

Prod. No. 583



NATURE'S BOUNTY

FACTS

HIGH POTENCY

BALANCED

B-50

B-COMPLEX



VITAMIN SUPPLEMENT

100 TABLETS

with FOLIC ACID



The B Complex is made up of several vitamins that work well together to support nervous system health and energy metabolism.* Each nutrient in the B Complex performs a unique role in maintaining proper metabolic functioning and is essential for well-being.*

DIRECTIONS: For adults, take one (1) tablet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Coated for ease of swallowing. This product is yeast free.

TAMPER RESISTANT: Do not use if seal under cap is broken or missing. KEEP OUT OF REACH OF CHILDREN. Store in a dry place and avoid excessive heat.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Nutrition Questions or Comments? Call NutraPhone® 1-800-433-2990 Mon.-Fri. 9 AM - 7 PM ET

Visit us on the Web www.NaturesBounty.com

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Supplement Facts

Serving Size 1 Tablet

Table with 3 columns: Amount Per Serving, %Daily Value, and nutrient name. Includes Thiamin, Riboflavin, Niacin, Vitamin B-6, Folic Acid, Vitamin B-12, Biotin, Pantothenic Acid, PABA, Inositol, Choline Bitartrate, and Proprietary Blend.

**Daily Value not established.

Other Ingredients: Cellulose (Plant Origin), Dicalcium Phosphate, Hydrogenated Vegetable Oil, Croscarmellose, Silica, Calcium Silicate, Mannitol, Vegetable Magnesium Stearate, Maltodextrin, Cellulose Coating.



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