



Healthy you
Healthy earth

NATURE'S BOUNTY®

FACTS

A & D

A 10,000 IU
D3 400 IU

**Easy
To Swallow
Softgel**



100 SOFTGELS VITAMIN SUPPLEMENT

Vitamins A and D3 help maintain bones and a healthy immune system. Vitamin A assists in many other functions such as eyesight and skin maintenance.* Vitamin D3 is a more potent and active form compared to Vitamin D2.*

DIRECTIONS: For adults, take one (1) softgel daily, preferably with a meal.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value
Vitamin A (as Retinyl Palmitate)	10,000 IU 200%
Vitamin D (as D3 Cholecalciferol)	400 IU 100%

Other Ingredients: Soybean Oil, Gelatin, Vegetable Glycerin.

Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon. - Fri. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit www.NaturesBounty.com

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